

Grocery List

for the week of:

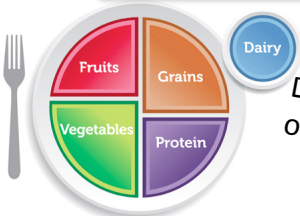
DAIRY

FRUITS

GRAINS

VEGETABLES

PROTEIN



*Drink lots
of water!*